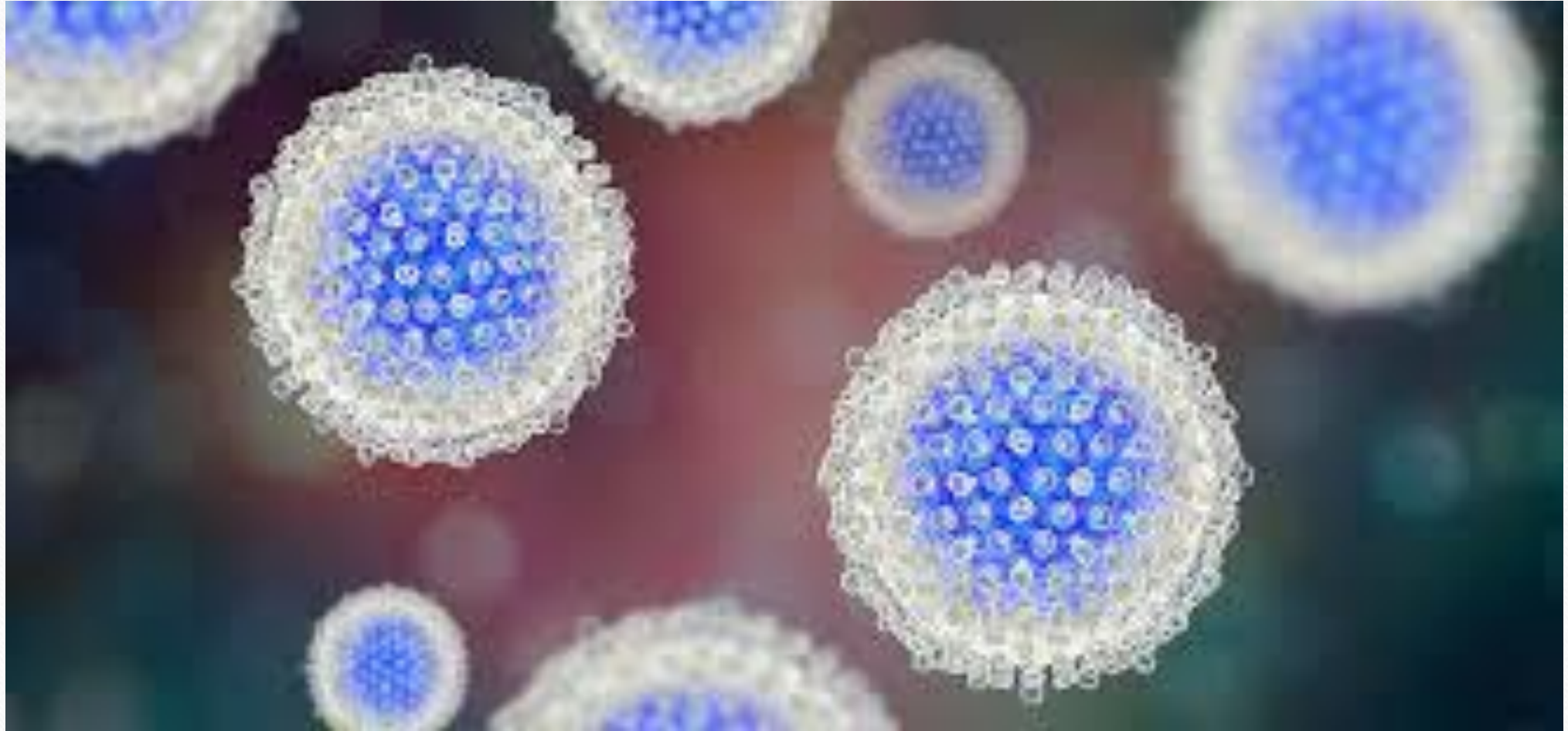


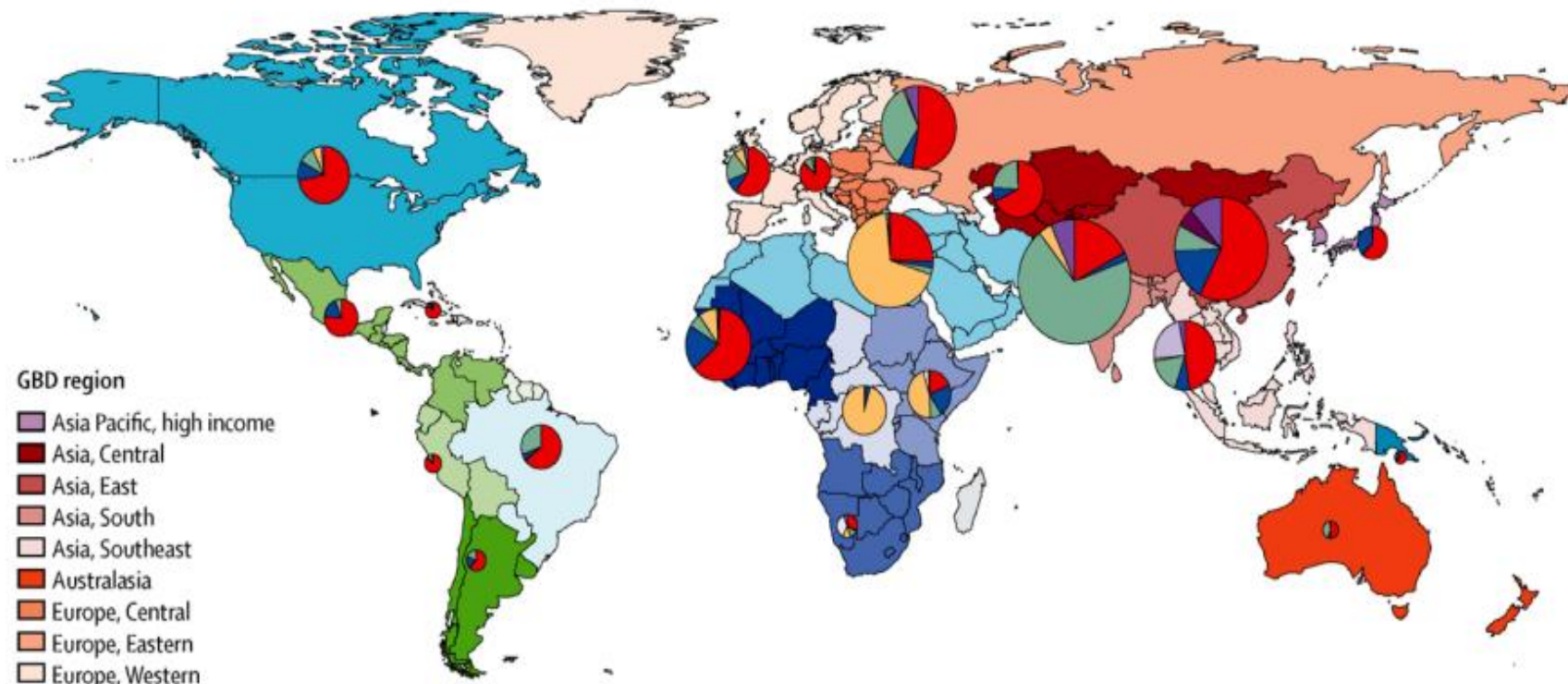


HCV RELATED GLUMEROLOPATHY

Dr dolatkhany, nephrologist
baharloo hospital

More than 71 million people worldwide have chronic HCV



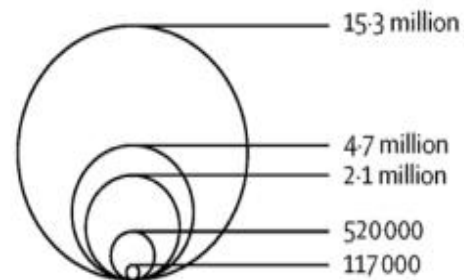


GBD region

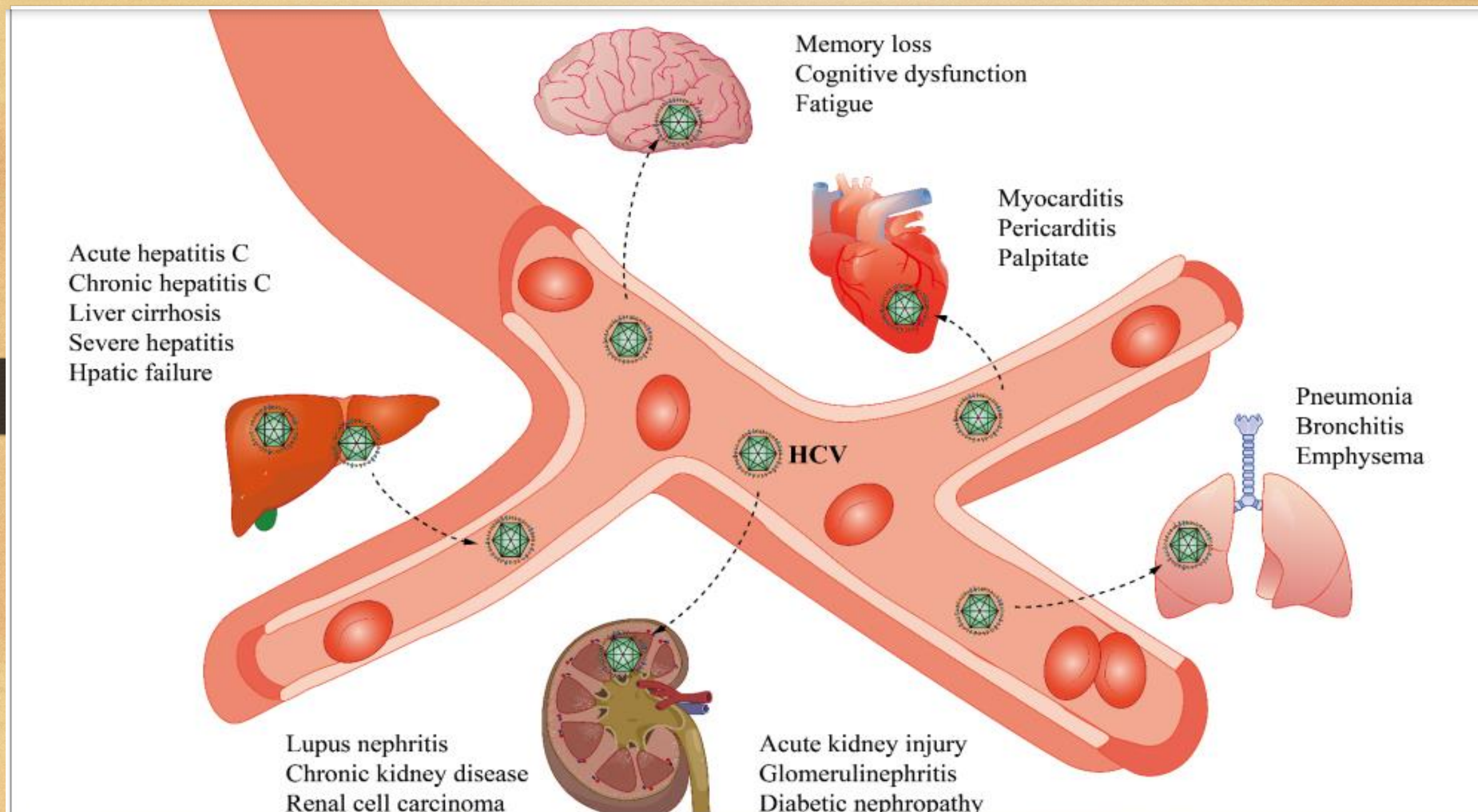
- Asia Pacific, high income
- Asia, Central
- Asia, East
- Asia, South
- Asia, Southeast
- Australasia
- Europe, Central
- Europe, Eastern
- Europe, Western
- Caribbean
- Latin America, Andean
- Latin America, Central
- Latin America, Southern
- Latin America, Tropical
- North Africa/Middle East
- North America, high income
- Oceania
- Sub-Saharan Africa, Central
- Sub-Saharan Africa, East
- Sub-Saharan Africa, Southern
- Sub-Saharan Africa, West

HCV genotype proportion

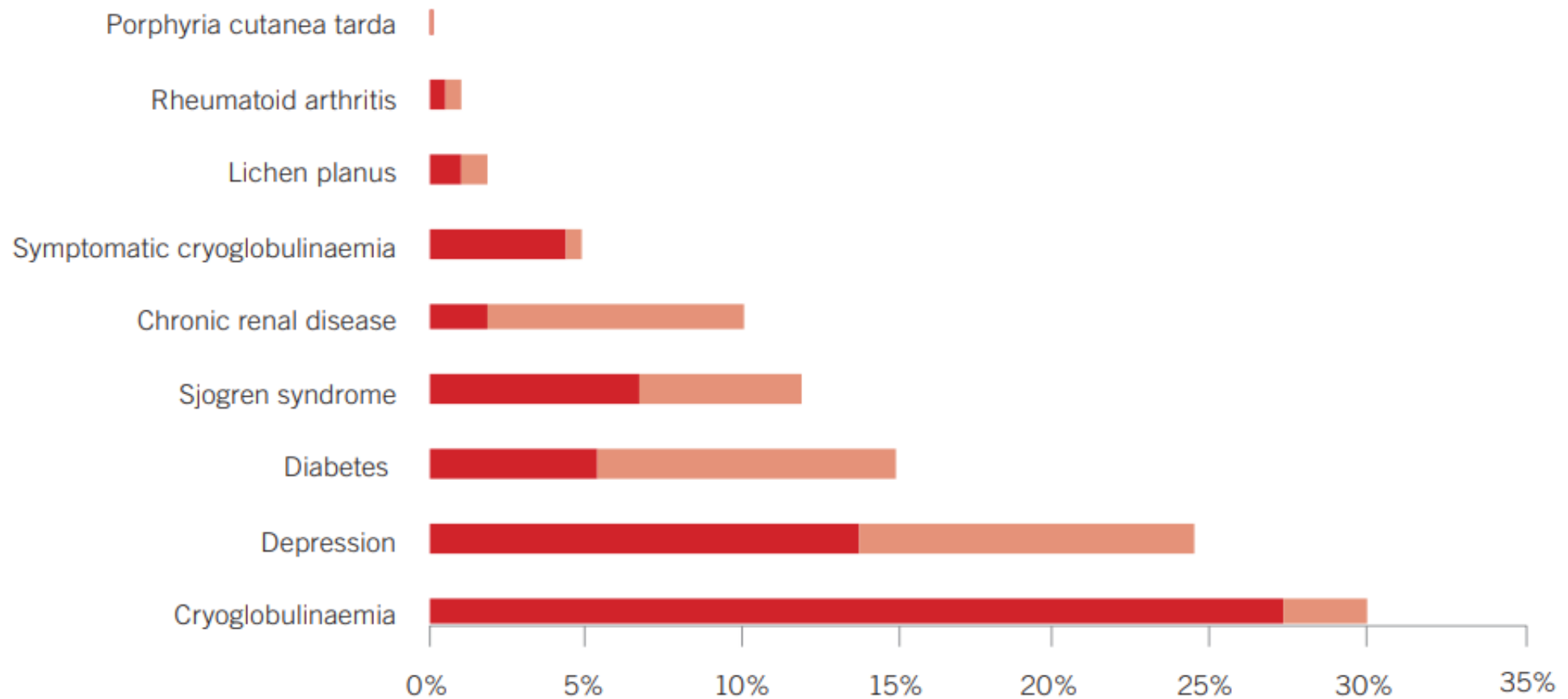
- 1
- 2
- 3
- 4
- 5
- 6
- Mixed or other



-
- HCV infection should be considered as a **systemic disorder** which is often associated with a number of **extrahepatic manifestations** .
 - Almost **40%** of patients with HCV develop at least one extrahepatic manifestation during the course of the disease.



Prevalence of comorbidities among persons with HCV infection



HCV injures the kidneys by three possible mechanisms:

- (a) immune-mediated mechanism
- (b) direct virus attacks on nephron tissue
- (c) Drug toxicity

Immune-Mediated Kidney Lesions in HCV

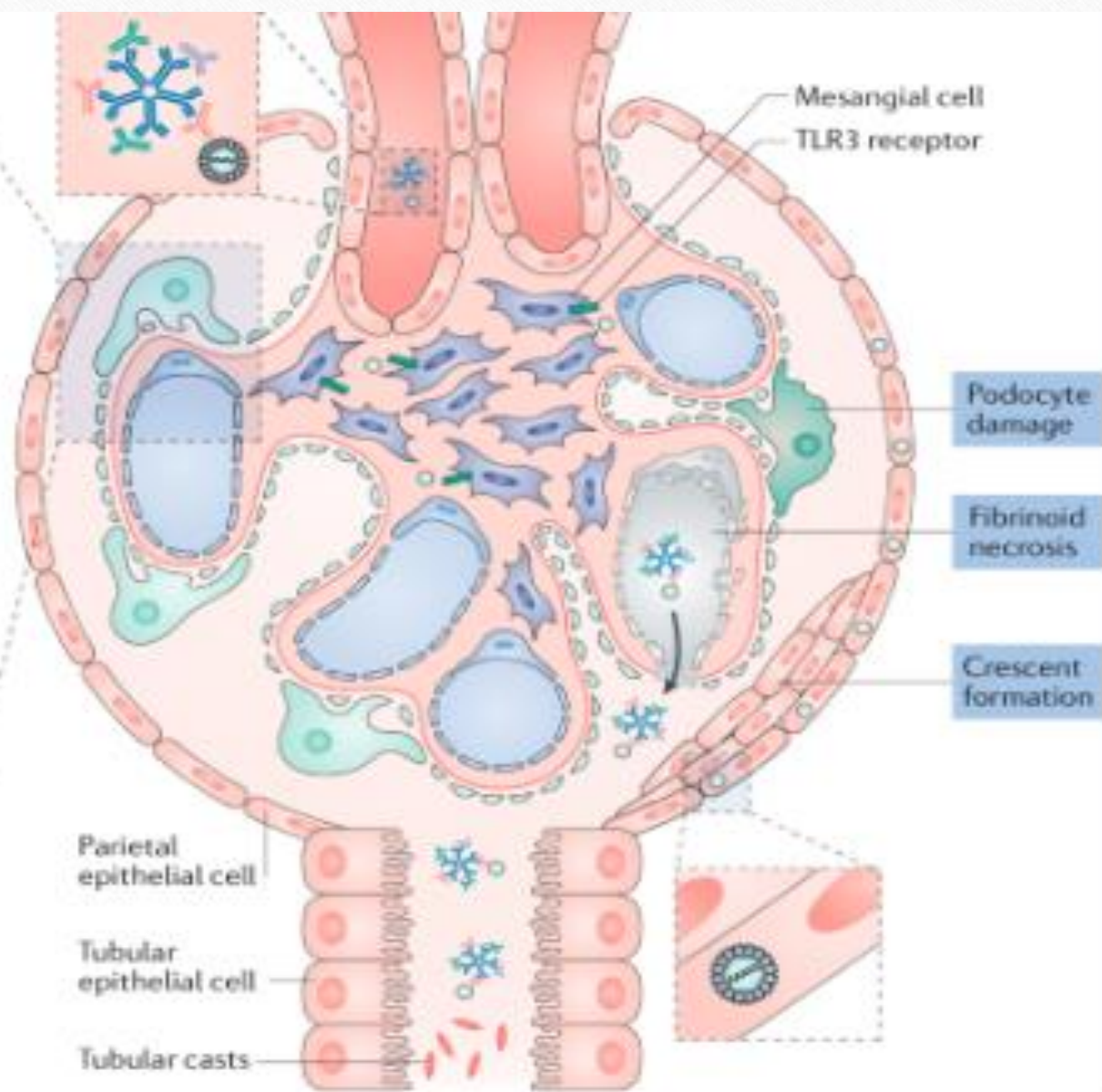
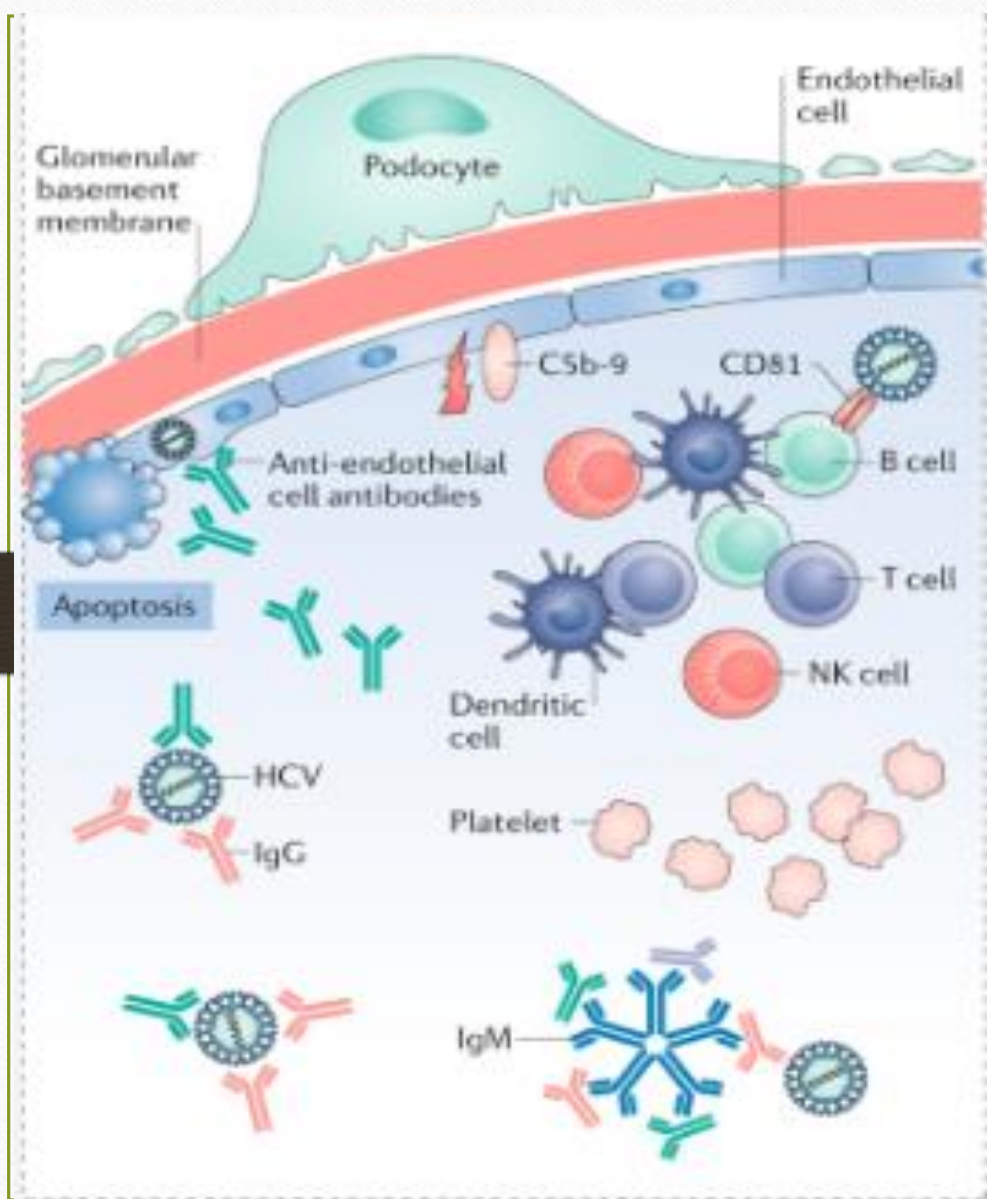
- Kidney tissue express **CD81** , which is believed to be the receptor through which HCV infects B lymphocytes and liver cells .
- HCV antigens activate **B lymphocytes** to produce autoantibodies, immune-mediated cryoprecipitates, and non-cryoprecipitate complexes .
- The formed immune complex contains HCV or its remnants deposit in the nephron tissue, causing glomerular inflammation, initiating **anti-HCV-IgG**, complement activation, and anti-endothelial antibody production.

Immune-Mediated Kidney Lesions in HCV

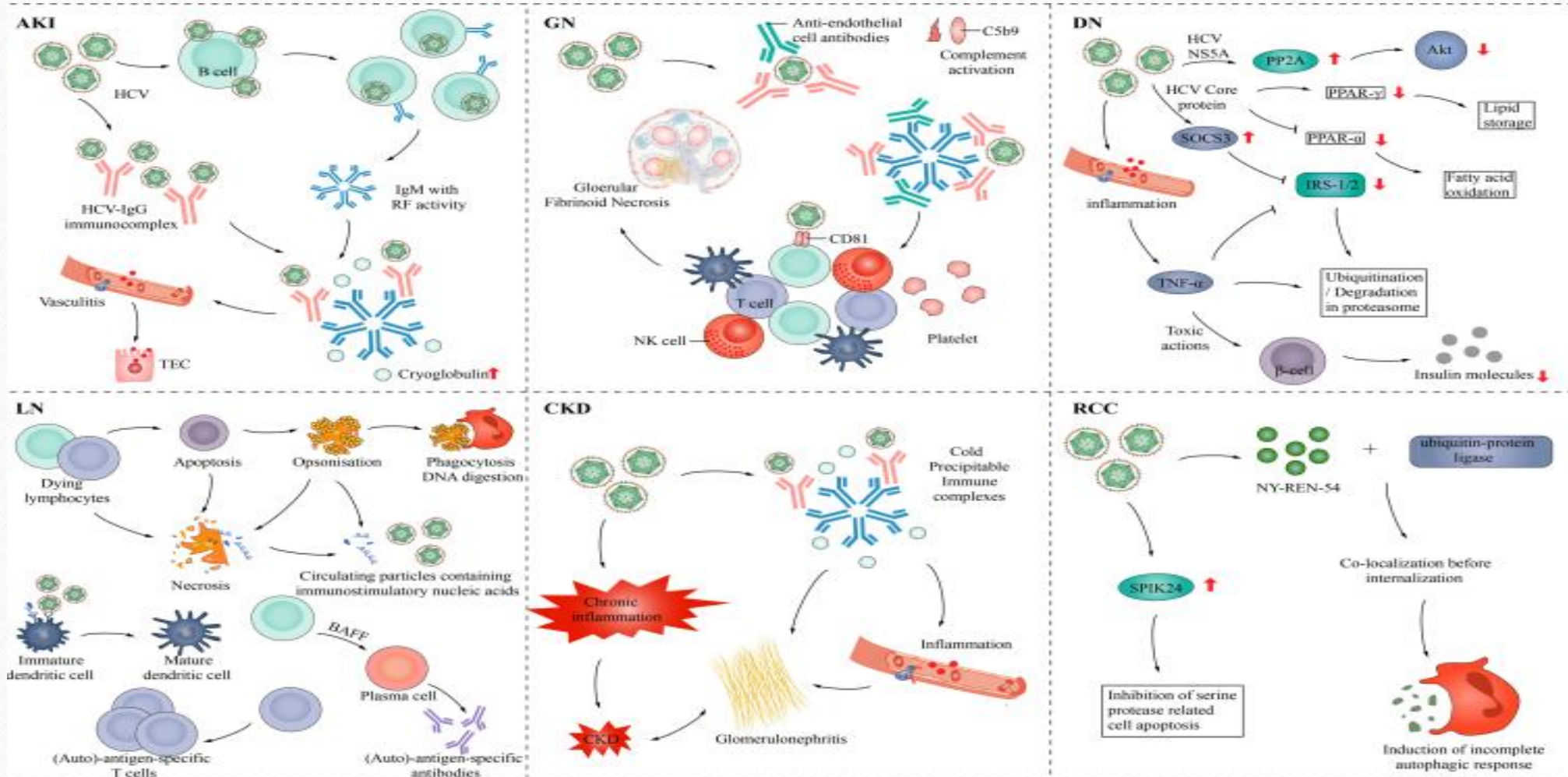
- This process causes adhesion molecule overexpression, recruiting different cell types, such as dendritic cells, natural killer cells, T and B cells lymphocytes, activating the thrombocyte and promoting its aggregation.

Direct Effects of HCV on the Kidneys

- HCV-infected endothelium cells may undergo **apoptosis**.
- HCV damages Bowman capsule epithelial cells and causes **podocyte injury**.
- HCV can also induce lysosomal enzyme abnormalities in **macrophages**.



HCV in renal diseases



HCV & MPGN

-
- The **most prevalent** type of HCV-associated GN is **Type I MPGN**, with **type II cryoglobulinaemia**.
 - HCV is the primary cause of mixed cryoglobulinaemia, which leads to cryoglobulinaemic vasculitis and cryoglobulinaemic glomerulonephritis.
 - **HCV RNA** has been reported to be present in 80% of cases of cryoglobulinemia-related MPGN but only in 25% of MPGN cases without cryoglobulinemia.

Common types

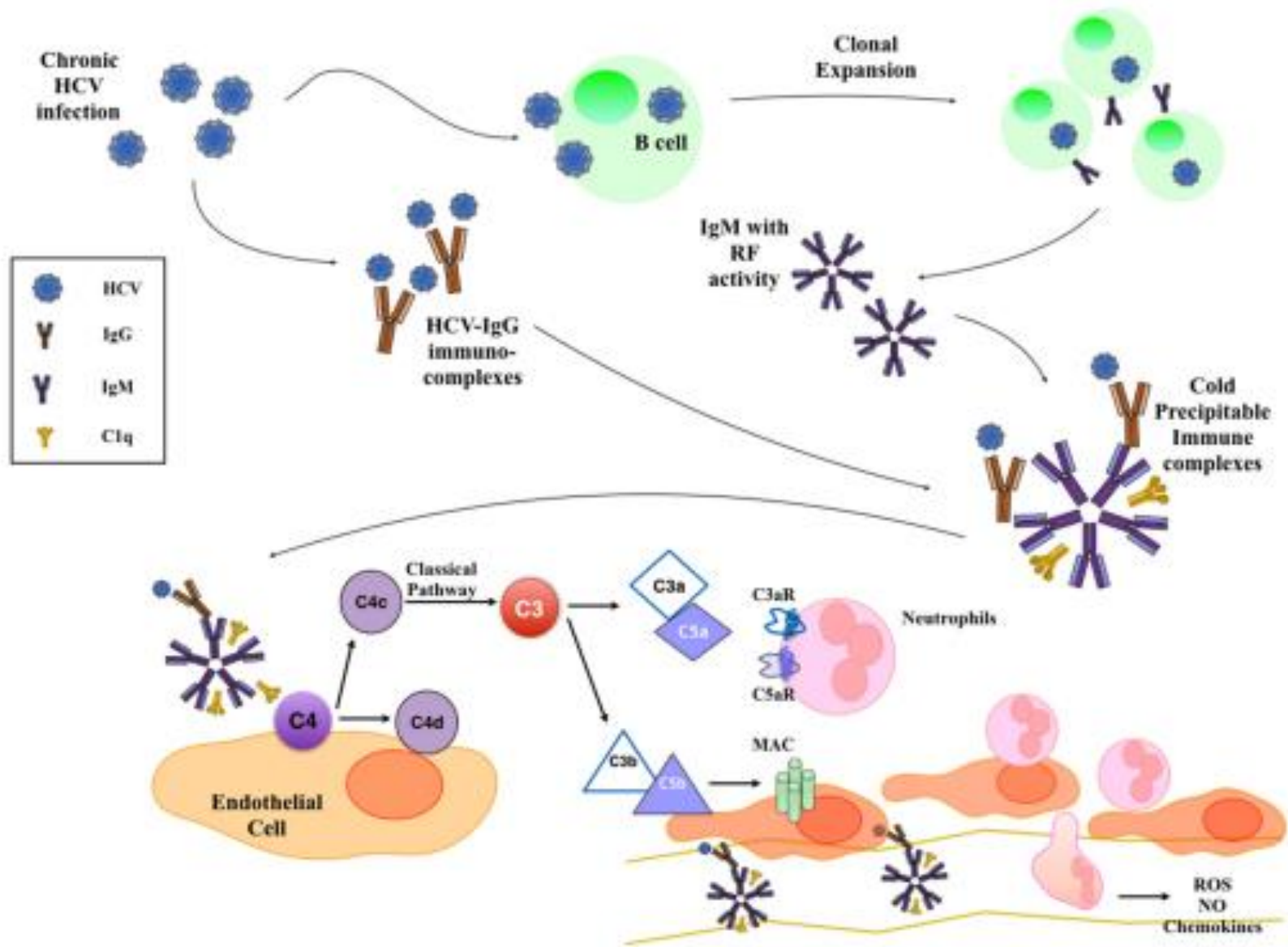
MPGN, with
cryoglobulinemia

Less common types

- MPGN without cryoglobulinemia
- IgA nephropathy
- Postinfectious glomerulonephritis
- Membranous nephropathy
- Thrombotic microangiopathies
- Focal and segmental glomerulosclerosis
- Fibrillary or immunotactoid glomerulopathy.

pathophysiological mechanism of HCV-related MC

- The pathophysiological mechanism of HCV-related MC probably involves E2-CD81 interaction.
- CD81 is expressed on B lymphocytes and the E2-CD81 interaction leads to monoclonal proliferation of B lymphocytes and eventually HCV-related MC.
- Persistently stimulated B-lymphocytes produce immunoglobulin G (IgG)-HCV complexes, resulting in the generation of rheumatoid factor-IgM and cryoglobulins.



pathophysiological mechanism of HCV-related MC

- Cryoglobulins may also induce endothelitis via anti-endothelial activity and complement activation leading to increased expression of **VCAM-1** and **platelet aggregation**.

pathophysiological mechanism of HCV-related MC

- Toll-like receptors (TLR) may also have a role in HCV-associated renal injury.
- TLR3 expression was found to be increased in the mesangial cells of patients with HCV-related MPGN.
- Glomerular expressions of TLR4 and fibronectin were found to be upregulated in a murine model of cryoglobulinemic glomerulonephritis.

Clinical presentations of patients with Cryoglobulinemic vasculitis:

- Cryoglobulinemic vasculitis is seen in 2-3 % patients, The **triad** of purpura, asthenia, and arthralgia is in 30% of these case.
- Most of the patients (80%) have **severe hypertension**.
- The serum levels of **C4 and C1q** are usually very.
- The majority of such patients **are RF-positive**.
- It is rarely associated with “**occult**” HCV infection that can be only unveiled by nucleic acid testing in liver or bone marrow biopsy.

Clinical presentations of patients with Cryoglobulinemic nephritis (CN):

Isolated proteinuria (<3 g/24 h), usually with microscopic hematuria (30%).

Nephrotic syndrome (20%)

Acute nephritic syndrome (15%). Some patients present with a mixed nephrotic and nephritic syndrome

Macroscopic hematuria (10%)

Chronic renal insufficiency (10%)

Acute kidney injury with oligoanuria (5%)

HCV & MN

-
- The clinical presentation and the histological findings of associated MN are **similar** to idiopathic MN. HCV-
 - Usually serum complement levels are **normal**.
 - **cryoglobulins and RF** are absent in the serum.
 - **HCV RNA** was detectable in all of these patients.

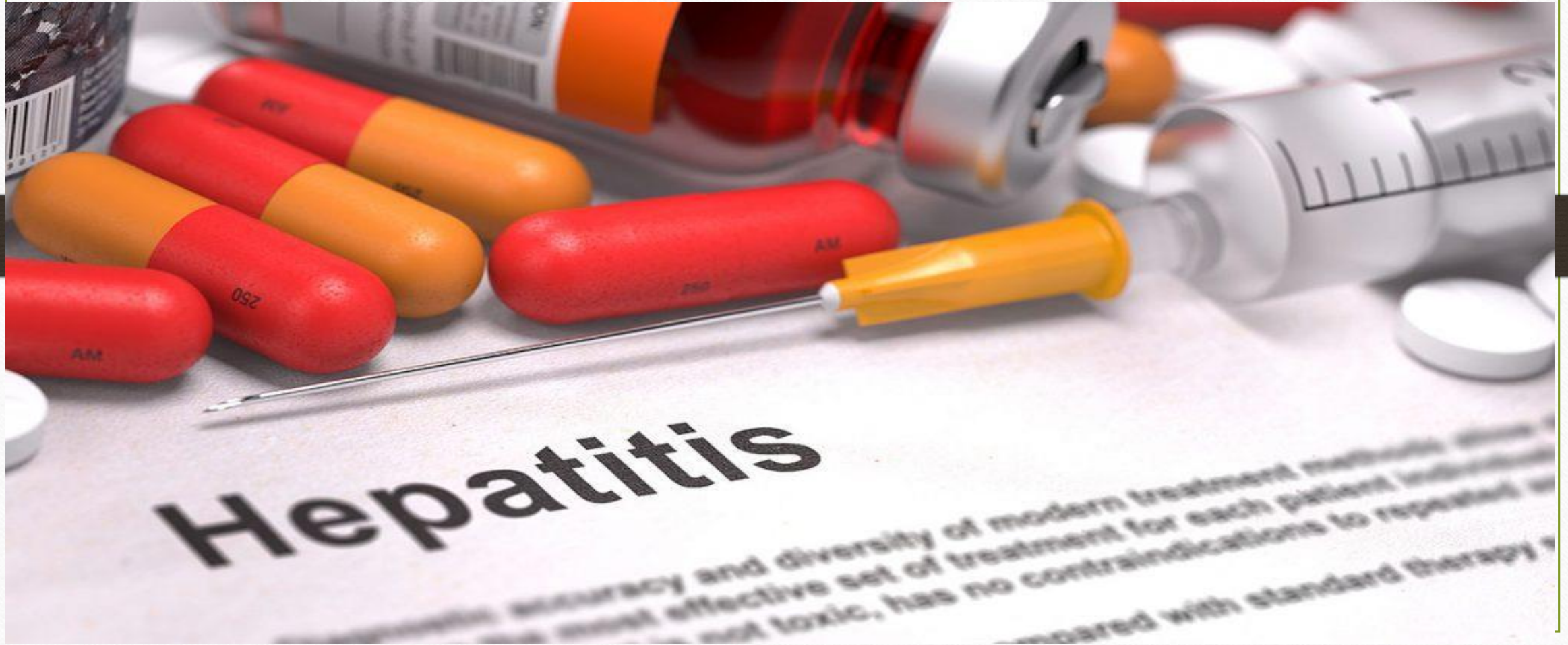
SCREENING



SCREENING

- HCV-positive patients should be screened annually for **microalbuminuria, microscopic hematuria, RF, cryoglobulinemia, complement factors** and **hypertension**.
- **kidney biopsy** be performed in HCV-infected patients with clinical evidence of glomerular disease .

TREATMENT



Three approaches may be suggested for the treatment

- (1) **antiviral therapy** to prevent the further direct damage of HCV on kidneys and synthesis of immune-complexes.
- (2) **B-cell depletion therapy** to prevent formation of immune-complexes and cryoglobulins.
- (3) **nonspecific immunosuppressive therapy** to prevent the synthesis of immune-complexes and cryoglobulin associated vasculitis.

Treatment of HCV Infection

- The **choice of specific regimen** be based on HCV genotyp (and subtype), viral load, prior treatment history, drug–drug interactions, (GFR), stage of hepatic fibrosis, kidney and liver transplant candidacy, and comorbidities.
- The definitive cure of HCV infection is commonly reflected by the sustained virologic response (**SVR**), defined as no-viremia for 24 weeks after ending antiviral therapy.

Treatment of HCV Infection

- Prior iterations of these guidelines had recommended initiation of both **interferon/ribavirin** and immunosuppression for cryoglobulinemic glomerulonephritis.
- This important paradigm **shift** occurred because data suggests that approximately 70% of patients with cryoglobulinemic glomerulonephritis will go into either a partial or complete remission with **DAAs** (Direct-acting antivirals) alone.

RIBAVIRIN

- Ribavirin is rarely warranted, but if indicated, it is dose reduced in CKD.
- Patients with $\text{GFR} < 30 \text{ ml/min per } 1.73 \text{ m}^2$ (CKD G4–G5D) should be treated with a ribavirin-free DAA.
- Patients with $\text{GFR} \leq 50$ but ≥ 30 per 1.73 m^2 , ribavirin given orally at alternating doses of 200 and 400 mg every other day
- Ribavirin may cause hemolytic anemia especially in patients with reduced renal functions.

-
- **Taribavirin**, a prodrug of ribavirin, does not significantly accumulate in erythrocytes, and has shown an antiviral efficacy similar to that of ribavirin, with a lower occurrence of anemia.

IFN- α

- IFN- α has been reported to exacerbate proteinuria and vasculitis in some patients with glomerulopathies.
- One of the immunologic effects of IFN is the alteration of the balance of (Th1) and (Th2) , IFN-induced Th1-dominant immune response may be involved in the exacerbation of underlying glomerulonephritis.

DAA(UP TO DATE)

- patients with HCV-related glomerular disease showing stable kidney function and/or non-nephrotic proteinuria be treated initially with DAA.
- For all patients with chronic HCV infection , including those with severe renal impairment , who have access to DAA therapies.
- For patients with MC suggest antiviral treatment even if life expectancy is limited to improve renal function and symptom,DAA is warranted.
- No dose adjustment are warranted for DAA agents in patients with severe renal impairment or on dialysis.

Direct-acting antivirals (DAAs) according to class

NS3/4A (protease) inhibitors	NS5A inhibitors	NS5B polymerase inhibitor (nucleotide analogue)	NS5B polymerase inhibitor (non-nucleoside analogue)
Glecaprevir	Daclatasvir	Sofosbuvir	Dasabuvir
Voxilaprevir	Velpatasvir		
Grazoprevir	Ledipasvir		
Paritaprevir	Ombitasvir		
Simeprevir	Pibrentasvir		
	Elbasvir		

sofosbuvir

- Although sofosbuvir, the first novel DAA approved in 2013, and its active metabolite are renally eliminated, numerous studies have suggested sofosbuvir is **safe** in patients with kidney disease.
- multiple real-world studies showed that sofosbuvir-based DAAs were effective and well-tolerated in the **dialysis populations**, and other analyses showed extremely low rates of kidney injury in patients receiving sofosbuvir-based DAAs.

HCV –CKD (AGKD)

Genotypes 1a, 1b, 4

Ledipasvir-
sofosbuvir
8-12 weeks

Sofosbuvir-
velpatasvir
12 weeks

Glecaprevir-
pibrentasvir*
8 weeks

Elbasvir-
grazoprevir*
8-16 weeks

Sofosbuvir-
velpatasvir-
voxilaprevir*
12 weeks

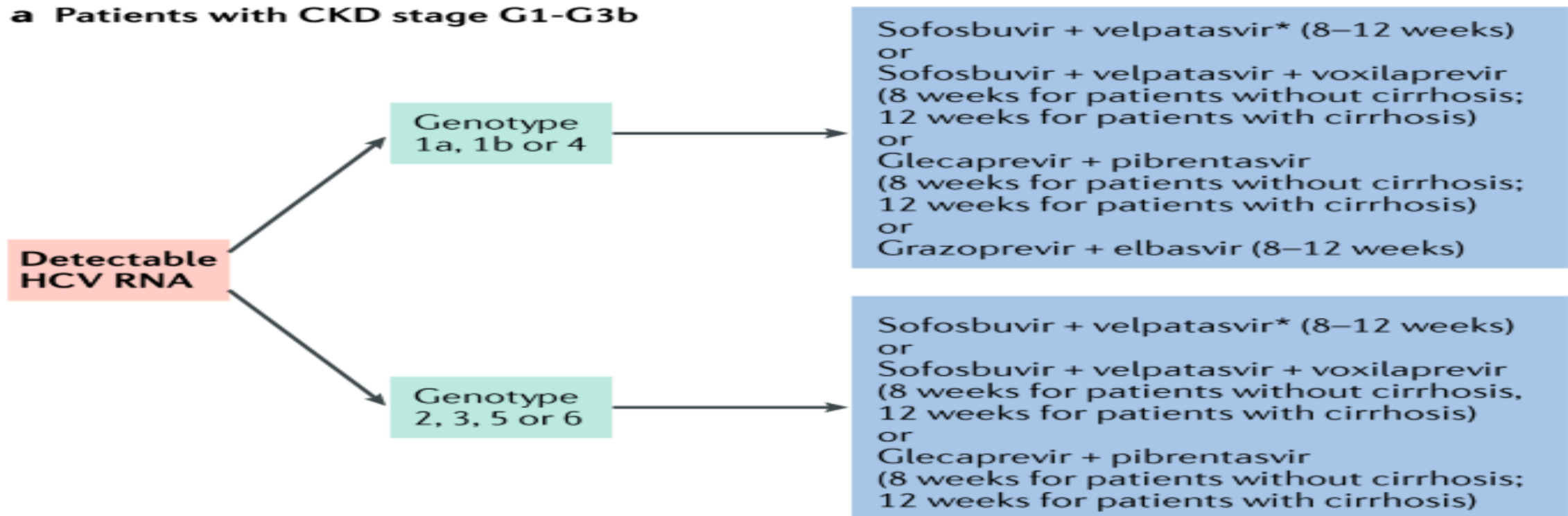
Genotypes, 2, 3, 5, 6

Glecaprevir-
pibrentasvir*
8 weeks

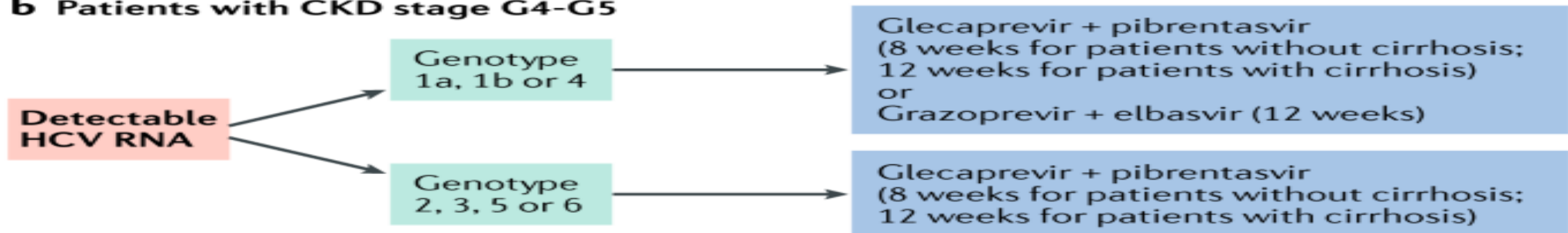
Sofosbuvir-
velpatasvir
12 weeks

Sofosbuvir-
velpatasvir-
voxilaprevir*
12 weeks

a Patients with CKD stage G1-G3b



b Patients with CKD stage G4-G5



Indication of immunosuppressive:

- There are two groups of patients with cryoglobulinemic glomerulonephritis that need immunosuppression in addition to DAAs.

Indication of immunosuppressive:

- **First**, patients with aggressive, organ-threatening manifestations, including rapidly progressive glomerulonephritis, severe systemic vasculitis (central nervous system involvement or pulmonary hemorrhage), or symptomatic nephrotic syndrome.
- **second** group that may need immunosuppression are patients who receive DAAs and achieved SVR, yet continue to display signs and symptoms of active glomerulonephritis .

Indication of immunosuppressive:

- **Rituximab** as the first-line immunosuppressive treatment.
- **Rituximab** does not decrease the effectiveness of DAAs, nor is it associated with flares of clinical hepatitis when used with DAAs .
- **DAA treatment should be concurrent, there is no reason to delay DAA initiation in patients who also require immunosuppression.** (delay antiviral therapy for one to four months (**UPTO DATE**))

Non-specific Immunosuppressive Therapy

- **Cyclophosphamide** has also been used to suppress B cell function and cryoglobulins production, but this treatment should be used with caution because it can induce flare-ups of HCV infection
- **mycophenolate mofetil** is a more selective treatment to inhibit lymphocyte proliferation and function and represents a safer alternative to induce remission in cryoglobulinemic vasculitis .
- **Steroid pulses or low doses of steroids** have been used to treat glomerular infiltration .

Rituximab VS cyclophosphamide

- When compared to cyclophosphamide, rituximab may be suggested to be the preferred agent in the treatment of HCV-associated glomerulopathies because it is at least as efficient as cyclophosphamide in inhibition of the synthesis of immunocomplexes and cryoglobulins, and it does not seem to cause flare of HCV infection

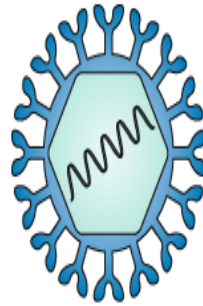
Plasmapheresis

- Plasma exchange therapies are performed in the acute phase of the disease to remove circulating immune complexes and cryoglobulins from the plasma.
- The usual dose of plasmapheresis in the treatment of HCV-associated glomerulopathies is the exchange of 3 L of plasma 3 times/ wk.
- It should be combined with immunosuppressive therapies to prevent the re-accumulation of immune-complexes and cryoglobulins.

IL-2

- Low-dose interleukin 2 (IL-2) has been recently suggested as an alternative treatment for HCV-associated mixed cryoglobulinemic vasculitis.
- IL-2 is hypothesized to promote regulatory T cell (Treg) survival and function.
- Reduction in cryoglobulinemia and improvement of vasculitis were observed and it led to a prominent inhibition of inflammation and oxidative stress mediators.

HCV



Hepatotropism

- Chronic hepatitis
- Cirrhosis
- Hepatocellular carcinoma

Neurocognitive disturbances

Lymphotropism

Cryoglobulinaemia

B cell non-Hodgkin lymphoma

Chronic inflammation

CKD

Membranoproliferative
glomerulonephritis

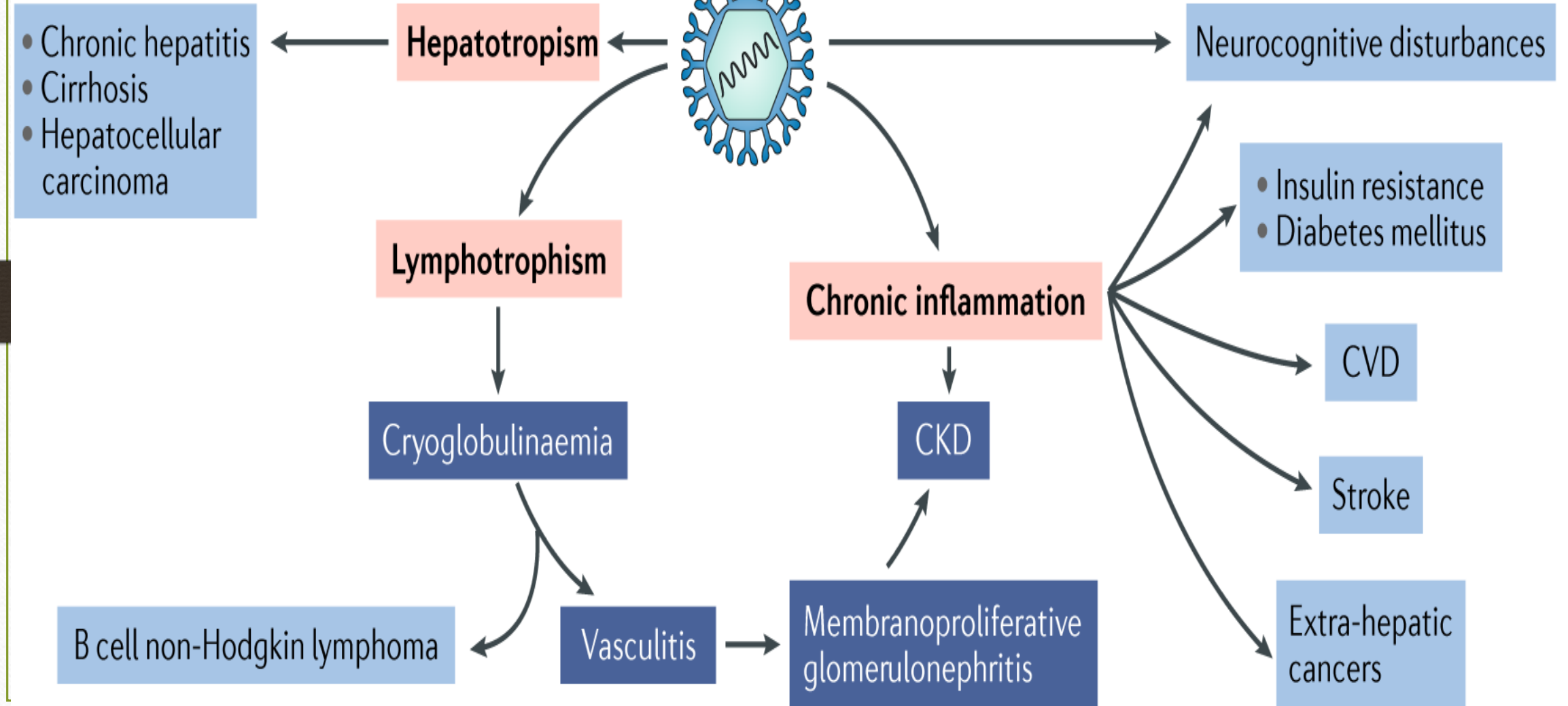
Vasculitis

- Insulin resistance
- Diabetes mellitus

CVD

Stroke

Extra-hepatic
cancers



REFERENCES

- Zhang, Meiqi, et al. "Understanding the relationship between HCV infection and progression of kidney disease." *Frontiers in Microbiology* 15 (2024)
- Mazzaro, Cesare, et al. "Hepatitis C virus-related cryoglobulinemic vasculitis: A review of the role of the new direct antiviral agents (DAAs) therapy." *Autoimmunity Reviews* 19.8 (2020)
- Mazzaro, Cesare, et al. "A review on extrahepatic manifestations of chronic hepatitis C virus infection and the impact of direct-acting antiviral therapy." *Viruses* 13.11 (2021)
- Abdelhamid, Walid Ahmed Ragab, et al. "Hepatitis C-related membranoproliferative glomerulonephritis in the era of direct antiviral agents." *Brazilian Journal of Nephrology* 44 (2021)
- Ozkok, Abdullah, and Alaattin Yildiz. "Hepatitis C virus associated glomerulopathies." *World journal of gastroenterology: WJG* 20.24 (2014)
- Habas Sr, Elmukhtar, et al. "Hepatitis virus C-associated nephropathy: a review and update." *Cureus* 14.7 (2022).
- Roth, David, et al. "KDOQI US commentary on the 2018 KDIGO clinical practice guideline for the prevention, diagnosis, evaluation, and treatment of hepatitis C." *American Journal of Kidney Diseases* 75.5 (2020):AJKD
- Barsoum, Rashad S., Emad A. William, and Soha S. Khalil. "Hepatitis C and kidney disease: A narrative review." *Journal of advanced research* 8.2 (2017)
- Khan, Muhammad Umair, Mohamed Ibrahim Mahmoud, and Adeel A. Butt. "Hepatitis c virus and chronic kidney disease." *Expert Review of Gastroenterology & Hepatology* 14.7 (2020)
- Fabrizi, Fabrizio, et al. "Hepatitis C virus infection, mixed cryoglobulinemia, and kidney disease." *American Journal of Kidney Diseases* 61.4 (2013):AJKD

